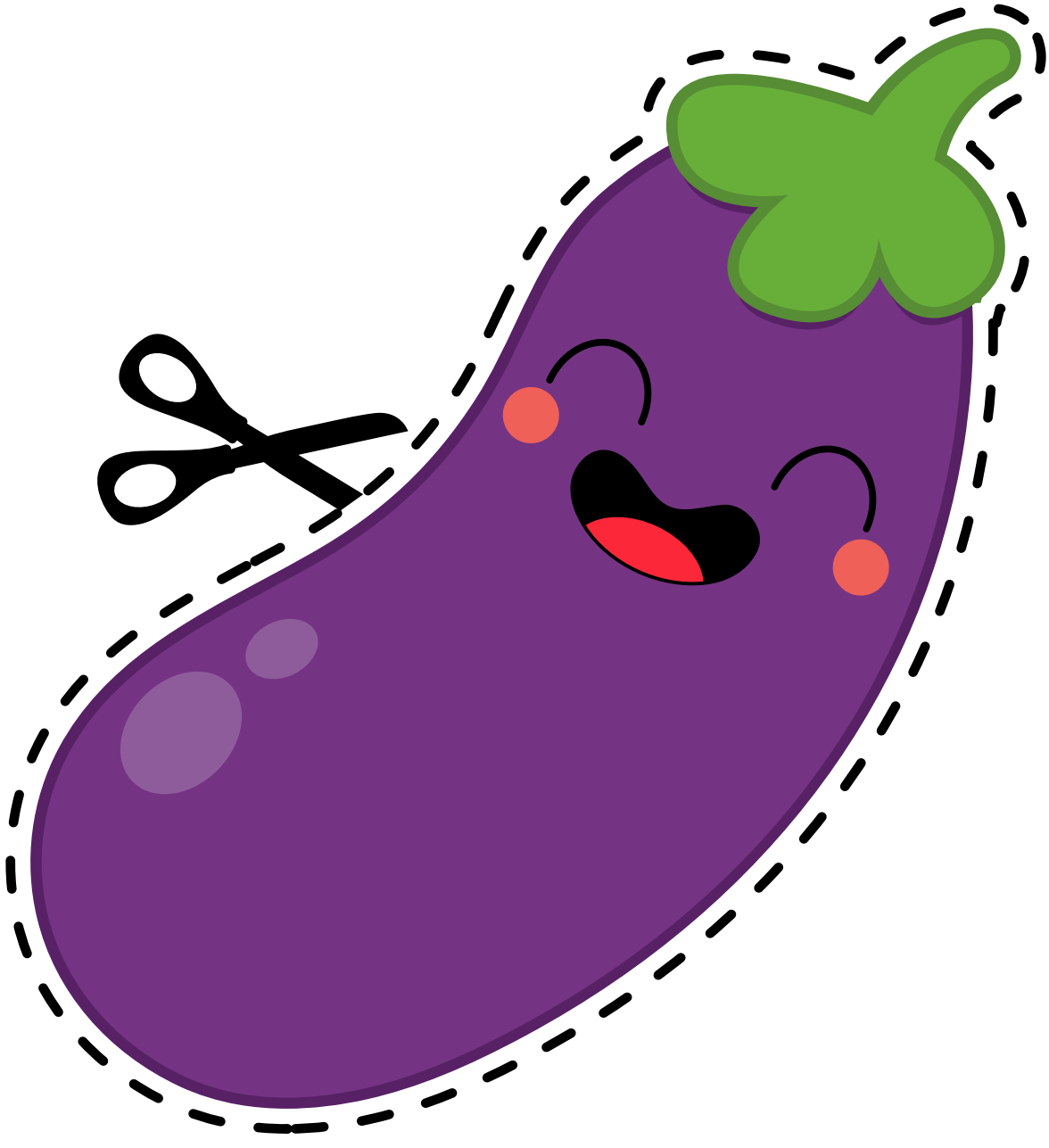CUTTING PRACTICE